Christodoulos Monogios

Forensic Psychologist

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SKILLS

My years in academia have helped me develop highly efficient researching skills which have been an asset to my career in counseling and therapeutic training. My experience in designing and developing methodology for research experiments, along with the work I do with patients directly have helped shape my ability to approach any situation in an unbiased manner. Perhaps the most important skill I have acquired along the years is my ability to connect with others on a professional level and apply scientifically relevant information and support to help improve their lives.

EXPERIENCE

VERESIES CLINIC – Coordinator of the foundation Mesogeios – Prevention and Health and Council Station of Kimonas 2021-Present

- Assisting in research material, organising and assessing data
- Advertising and promoting the programs through various sources
- Assisting on organizing and scheduling focus groups
- Coordinating a consultation service (Κίμων), various social events and students' practical experience in a clinical setting

Building questionnaires

UCLAN University Cyprus – Assistant Researcher 2021-Present

- Building therapeutic protocols for the program "ΕπίΔΡΑΣΗ Ζωής" directed by INSPIRE centre and the foundation Mesogeios – Prevention and Health
- Communication with other facilities and government organizations for collaborations
- Building questionnaires and surveys to be used for future research
- Program's Coordinator

SBA Prison Dekhelia – *Personal Therapist* 2019-2020

- Leading weekly therapeutic sessions with inmates
- Conducting Interviews, assessments, formulation and therapy

RED CROSS CYPRUS – Psycho-social Support to refugees

2019-2020

- Providing support in a refugee detention center and a refugee camp
- Creation of protocols to build pro-social skills and support

TEPAK University - External specialist partner

2019-Present

- Creator of experimental paradigm using building block software
- Conductor of experimental paradigm
- Research Assistant

Junior School of Livadia, Cyprus – Team Supervisor

2019-2020

- Team supervisor for children to foster pro-social skills in an early age
- Coordinator of educational protocols

High School of Livadia, Cyprus – Team Supervisor

2019-2020

- Team supervisor for delinquent teenagers
- Coordinator of therapeutic protocols

High School of Aradippou, Cyprus - Counselor Assistant

2018-2019

- Team supervisor for delinquent children
- Creation of protocols and extra curriculum to be taught during school hours

Veresies Psychiatric Clinic, Location - Volunteer

2017-2020

 Conduct surveys and questionnaires regarding addiction and antisocial behavior for statistical analysis

EDUCATION

UCLan, Cyprus - MA Forensic Psychology

2018 - 2020

UCLan, Cyprus - BA Honors Psychology

2015 - 2018

University of Derby, UK - Diploma of Higher Education Psychology

2013 - 2015

RESEARCH

Experiment, TEPAK University - Department of Rehabilitation Center

2019 - Present

- Neural correlates of lip-reading in toddlers with delayed expressive knowledge
- Developing the design of the experiment
- Using PsychoPy to collect data from participants
- Statistical analysis of data

Practical Experiment, UCLAN - Department of Psychology in co-operation with Veresies Clinic

2019 - Present

- The effects of substance use, ADHD and emotional state in self-reported accident propensity in the Republic of Cyprus
- Creation of self-report questionnaire
- Using Qualtrics software to distribute questionnaires
- Designing methodology and experiment

Thesis Experiment, UCLAN - Department of Psychology

2018 - 2019

- The impact of sexually explicit material on relationship satisfaction
- Developing methodology and design of experiment
- Collecting and analyzing surveys from participants
- Using Qualtrics software to distribute questionnaires and several social media platforms

Thesis Experiment, UCLAN - Department of Psychology

2018 - 2019

- Emotional Contagion and its influence on types of personality
- Developing methodology and design of experiment
- Using OpenSesame to program devices used in experiment
- Measuring heart rate and skin conductance using Neruolog

TECHNOLOGY

Vegas Pro / Filmora Microsoft Office

PsychoPy Google Forms / Qualtrics

SPSS Squarespace

Praat / Audacity Neurolog

Further Diplomas

Expanded ACT for Psychedelic-assisted Therapy, Integrated, Trauma-focused ACT, including Traumatic Incident Reduction (TIR) with parts work

PFA – Psychological First Aid, Online Course

2 Dan Black Belt – Karate Shotokan